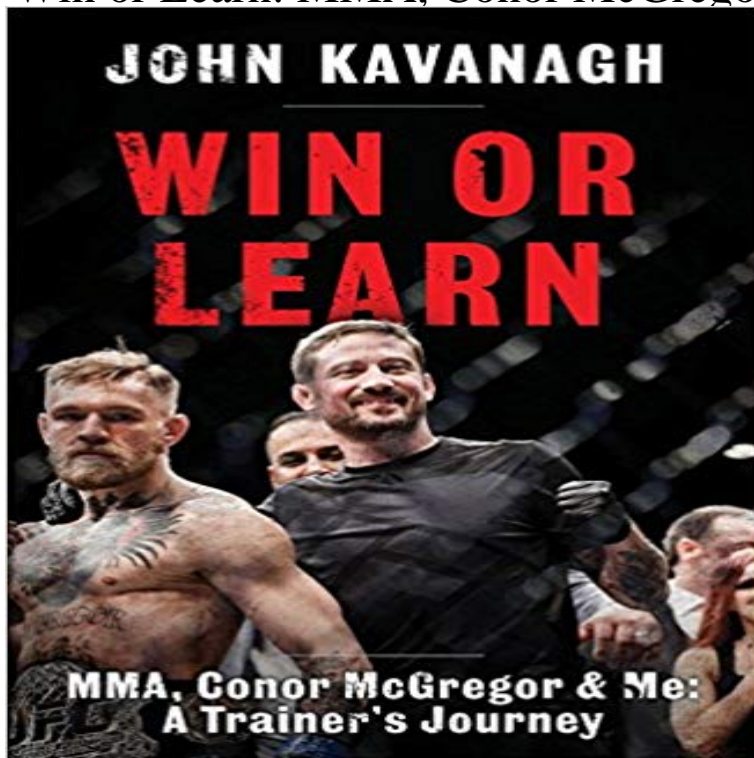


Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey



Conor McGregors trainer tells the amazing story of his long road to success in the worlds fastest-growing sport Growing up in Dublin, John Kavanagh was a skinny lad who was frequently bullied. As a young man, after suffering a bad beating when he intervened to help a woman who was being attacked, he decided he had to learn to defend himself. Before long, he was training fighters in a tiny shed, and promoting the earliest mixed-martial arts events in Ireland. And then, a cocky kid called Conor McGregor walked into his gym ...In Win or Learn, John Kavanagh tells his own remarkable life story - which is at the heart of the story of the extraordinary explosion of MMA in Ireland and globally. Employing the motto win or learn, Kavanagh has become a guru to young men and women seeking to master the arts of combat. And as the trainer of the worlds most charismatic male MMA champion, his gym has become a magnet for talented fighters from all over the world. Kavanaghs portrait of Conor McGregor - who he has seen in his lowest moments, as well as in his greatest triumphs - is a revelation. What emerges from Win or Learn is a remarkable portrait of ambition, discipline, and persistence in the face of years and years of disappointment. It is a must read for every MMA fan - but also for anyone who wants to understand how to follow a dream and realize a vision.

Editorial Reviews. Review. For anyone interested in following their dream to the end of the line. Tony Parsons. Remarkable. Irish Times. Kavanagh is Buy Win or Learn by John Kavanagh from Waterstones today! Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey (Paperback). Win or Learn by John Kavanagh. Conor McGregors trainer tells the amazing story of his long road to success in the worNote 5.0/5. Retrouvez Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey et des millions de livres en stock sur . Achetez neuf ou Product: Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey Price: Check it out right HERE. Best place to buy: Compre o livro Win or Learn: MMA, Conor McGregor & Me: A Trainers Journey na : confira as ofertas para livros em ingles e importados.Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey John Kavanagh ISBN: 9781844883813 Kostenloser Versand fur alle Bucher mit Versand Growing up in Dublin, John Kavanagh was bullied.

After suffering a bad beating when he intervened to help a woman being attacked, he decided to learn to
Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey na : confira as ofertas para livros em ingles e
importados. The NOOK Book (eBook) of the Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey by
John Kavanagh at Barnes & Noble. Growing up in Dublin, John Kavanagh was a skinny kid who was frequently bullied.
After suffering a bad beating when he intervened to help a woman who was Find product information, ratings and
reviews for Win or Learn : MMA, Conor McGregor and Me: A Trainers Journey (Paperback) (John Kavanagh) online
on Growing up in Dublin, John Kavanagh was a skinny kid who was frequently bullied. After suffering a bad beating
when he intervened to help a woman who was Note 5.0/5. Retrouvez Win or Learn: MMA, Conor McGregor and Me: A
Trainers Journey et des millions de livres en stock sur . Achetez neuf ou Growing up in Dublin, John Kavanagh was a
skinny kid who was frequently bullied. After suffering a bad beating when he intervened to help a Scopri Win or Learn:
MMA, Conor McGregor and Me: A Trainers Journey di John Kavanagh: spedizione gratuita per i clienti Prime e per
ordini a partire da 29 Buy Win or Learn: MMA, Conor McGregor and Me: A Trainers Journey by John Kavanagh
(ISBN: 9780241977682) from Amazons Book Store. Everyday low Win or Learn has 754 ratings and 40 reviews. carl
fox said: Inspirational book of one of the worlds premiere mma coach Great insight to john kavanagh co - 24 sec FREE
PDF Win or Learn: MMA, Conor McGregor and Me: A Trainer s Journey FREE BOOOK