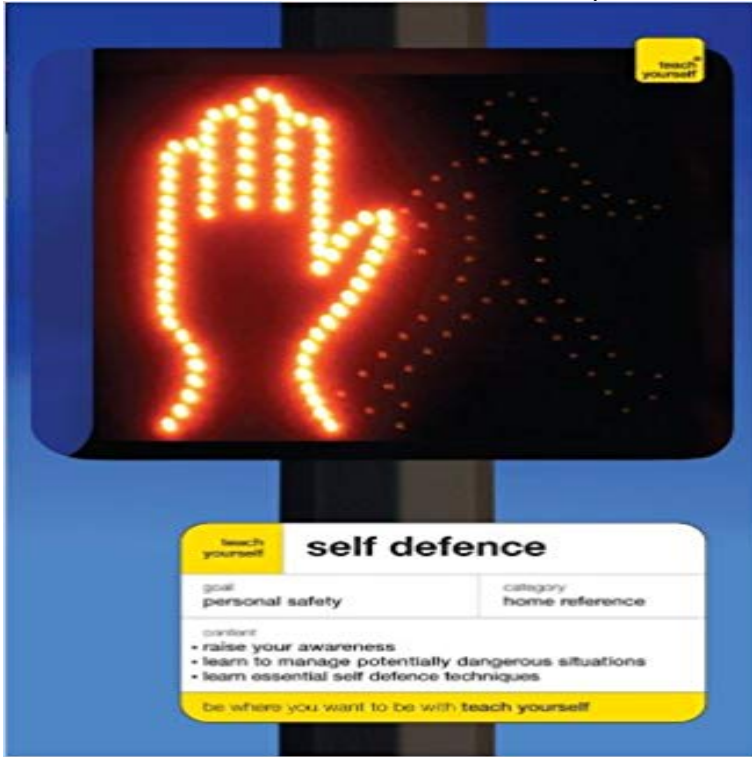


Teach Yourself Self-Defence (Teach Yourself: Games/Hobbies/Sports)



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