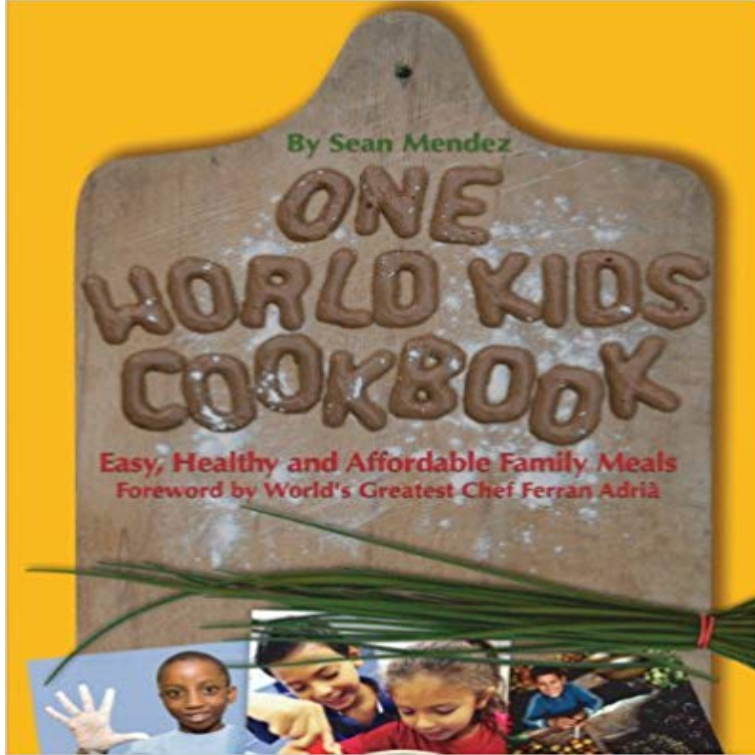


One World Kids Cookbook: Easy, Healthy, and Affordable Family Meals



This healthy eating cookbook is aimed at encouraging young people to think about what they eat through emphasizing the importance of a balanced diet. It contains kitchen tips and suggests vegetarian substitutes to the meat recipes. One World Kids Cookbook aims to instill a passion for good, wholesome, healthy food as well as a passion for life. Fabulous dishes from around the world from jollof rice to fajitas Easy-to-follow instructions with step-by-step color photos Recipes made with no-fuss ingredients found in your local supermarket Fascinating facts and stunning photos on all countries featured

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