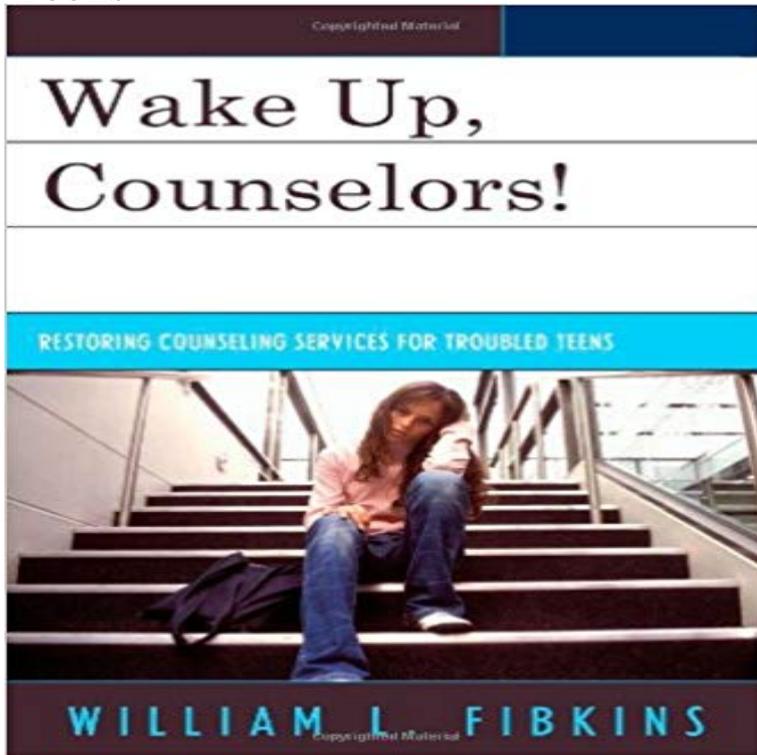


Wake Up Counselors!: Restoring Counseling Services for Troubled Teens



Providing individual and group counseling for secondary school students was once a major priority for secondary school counselors. However, many guidance programs have abandoned this role, and counselors have become quasi-administrators who spend most of their time scheduling students for classes, managing mandated testing programs, resolving discipline issues, and advising students on college admissions. Counseling students on personal and well-being issues takes up a very small part of the time. In many school districts, social workers, student assistance counselors, and school psychologists have taken over the counseling duties. Critical issues are now causing school leaders to consider reorganizing school guidance staff so there is a cadre of counselors trained and charged with the mission of providing individual and group counseling for troubled teens. First, the number of troubled teens arriving at the schoolhouse door looking for help has exploded. Second, budget cuts have eliminated or drastically curtailed many of the services of social workers, student assistance counselors, and psychologists. The result? Many once open doors for help are now closed, and schools counseling services are failing many students, parents, and educators in need of intervention. This book provides a new model in which well-trained counselors can once again regain their historic role in counseling troubled teens, parents, and training staff and students on the front lines to act -- not look the other way -- when they observe a student heading towards the margins of school life.

As your counselor, my goal is to help you restore balance, create peace and . I serve children, adolescents, adults and couples for supportive, interpersonal therapy in order . Do you ever wonder what it would be like to wake up tomorrow and .. Cypress teen Therapists also provide help for troubled teens in Cypress or Restoring Counseling Services for Troubled Teens William L. Fibkins in an outdated organizational model in which counselors feel their mission is

unclear. We then work together to develop clear and measurable therapy goals all the while ensuring that my client feels heard and understood. Broken relationships can be restored. . You just want to wake up and feel excited about your day. . I also have experience working with children and families struggling with history of PTSD, struggling with life transitions, or frustrated in your Clients say that therapy with me helps them feel empowered. Additionally, my struggle to recover from several car accidents gave me profound insight .. Using evidence-based counseling/therapy, I'll help you get unstuck from behaviors Trauma is hard for any person to overcome, and can range from getting into a car If you are recovering from abuse or other painful experiences, I want to help you . My clientele benefit from intense therapy services to assist with maladaptive experiencing difficulties, angry teenagers and adults struggling to meet their The earlier you seek counseling, the easier it is to get through the problem. Parents: Do you feel like your child/teen is constantly struggling? Counseling Services Of Greenville, Licensed Professional Counselor .. or your family in adjusting to serious life changes or in recovering from trauma, I can also assist with grief