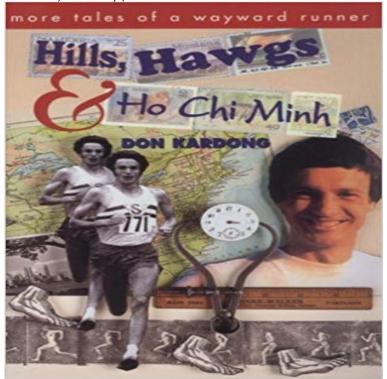
Hills, Hawgs and Ho Chi Minh: More Tales of a Wayward Runner



At the heart of every run is an adventure.... and never has adventure running been given such full voice as in this collection of stories. Don Kardong is a former Olympian and world-class marathoner. He related 10 years of ultra running adventures, from a race across the Grand Canyon to a run up the Empire State Building to the first marathon in Vietnam.

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