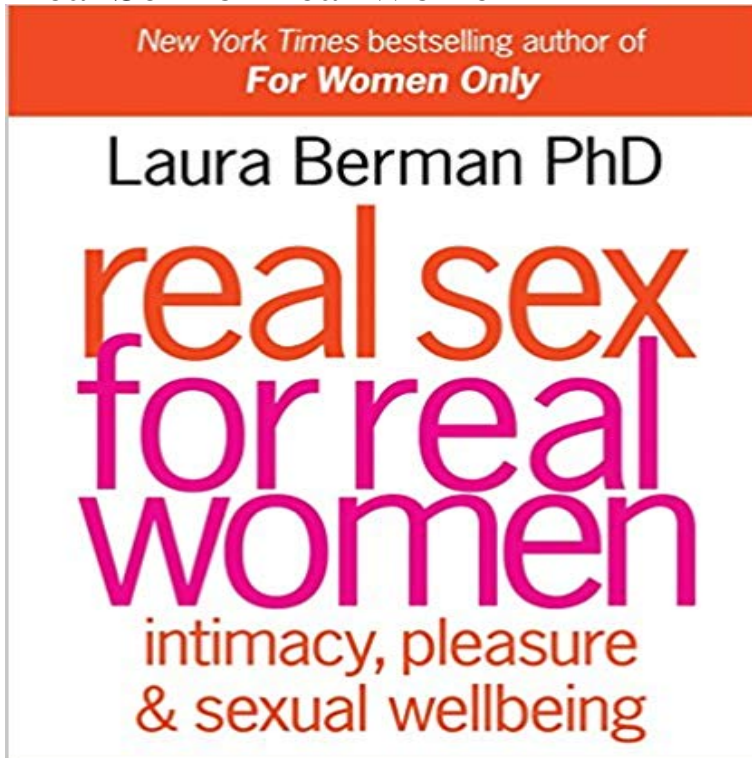


Real Sex for Real Women



Covering new ground, bestselling author and expert Dr. Laura Berman shows how it is possible to combine the reality of everyday life with fantastic sex. Sex in real life is not the sex we see in the media, and this book's images and advice reflect life and sex naturally. This book helps the reader to connect with her own sexuality, looking at physical and emotional health, and how she feels about herself and sex. Dr. Laura then provides information on techniques and tips on how to maximize your sex life, including how to express your needs and explore new positions. Best-selling author and renowned sex therapist, Dr. Laura Berman is America's leading expert in female sexual health. She is the founder and director of the Berman Center in Chicago, which specializes in sexual health and therapy, and she is assistant clinical professor of psychiatry and obstetrics/gynecology at the Feinberg School of Medicine at Northwestern University.

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